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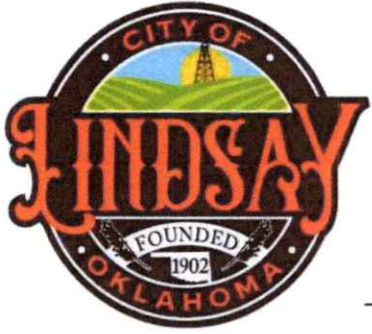
**AGENDA
AMENDED CITY OF LINDSAY/LINDSAY PUBLIC WORKS AUTHORITY
COMBINED SPECIAL MEETING**

MARCH 28, 2024

6:00 P.M.

(MEETING WILL BE HELD IN COUNCIL CHAMBERS AT 204 W. CREEK)

1. CALL TO ORDER
2. INVOCATION
3. PLEDGE OF ALLEGIANCE
4. ROLL CALL
5. TSET GRANT
Discussion, consideration, and possible action on Ordinance No.578 for Tobacco use for the TSET Grant.
6. EMERGENCY CLAUSE
Discussion, consideration, and possible action on Emergency Clause on Resolution 2024-02.
7. RESOLUTION 2024-02 TSET GRANT
Discussion, consideration, and possible action on Resolution 2024-02 TSET Grant
8. ADJOURN



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ORDINANCE NO. _____

AN ORDINANCE AMENDING CHAPTER 13, ARTICLE II, TO PROVIDE CLARITY TO THE PUBLIC THAT THE ORDINANCES IN CHAPTER 13 REGULATE THE USE OF TOBACCO WITHIN THE CITY AND THAT IT IS NOT RESTRICTED JUST TO MINORS.

BE IT ORDAINED BY THE CITY COUNCIL OF THE CITY OF LINDSAY, OKLAHOMA:

SECTION 1. The Title of Chapter 13, Article II, of The Code of Ordinances of the City of Lindsay, Oklahoma, is hereby amended from Tobacco Use by Minors to read as follows:

ARTICLE II. – TOBACCO USE WITHIN THE CITY OF LINDSAY

SECTION 2. If any part, article, section, or subsection of this ordinance shall be held invalid or unconstitutional for any reason, such holding shall not be construed to impair or invalidate the remainder of said ordinance, notwithstanding such holding.

SECTION 3. EMERGENCY CLAUSE

It being immediately necessary for the preservation of the public peace, health, safety, and welfare of the City of Lindsay and the inhabitants thereof that this ordinance be put into full force and effect, an emergency is hereby declared to exist by reason whereof this ordinance shall be in full force and effect from and its passage and approval.

END

The foregoing ordinance was introduced before the Lindsay City Council on the _____ day of _____, 2024, and was duly adopted and approved by the Mayor and City Council on the _____ day of _____, 2024, and after compliance with notice requirements of the Open Meeting Law (25 OSA, Sections 301, et seq.)

ATTEST:

MAYOR

CITY CLERK

City of Lindsay Resolution Number _____

Committing our municipality to Adopt and Implement a Workplace Wellness Policy

FINDINGS

WHEREAS, the health, safety, and well-being of the employees of our municipality are critical for a prosperous and sustainable City of Lindsay; and

WHEREAS, unhealthy diet and lack of physical activity are key contributors to obesity; and

WHEREAS, research shows that 8% of adults in Oklahoma eat the recommended daily amount of fruit and 6% of adults in Oklahoma eat the recommended daily amount of vegetables; and

WHEREAS, research shows 80% of adults do not participate in the recommended amounts of aerobic and muscle-building physical activity; and

WHEREAS, obesity is a chronic condition associated with heart disease, stroke, cancer, and diabetes—preventable diseases that are among the leading causes of death in the United States; and

WHEREAS, Oklahoma has one of the highest rates of type 2 diabetes in the country; and

WHEREAS, tobacco use is the number one cause of preventable death in the United States, killing more than 7,500 Oklahomans every year; and

WHEREAS, tobacco use causes cancer, heart disease, and respiratory illnesses; and

WHEREAS, tobacco smoke contains at least 250 harmful chemicals and at least 69 known carcinogens, and there is no safe level of exposure to secondhand smoke; and

WHEREAS, many vapor products have been shown to emit chemicals known to cause cancer; and

WHEREAS, approximately 24% of adults in Oklahoma have tried vapor products, and vapor product use has the potential to expose children, youth, pregnant women, and other people to aerosolized nicotine; and

WHEREAS, chronic diseases place a high burden on the economy due to illness-related loss of productivity, compromised employee performance, and increased health costs; and

WHEREAS, Oklahoma has spent more than \$1.7 billion in a single year, or \$588 per adult, on obesity-related costs; and

WHEREAS, Oklahoma has spent \$1.62 billion in a single year on smoking-related medical care and lost \$2.1 billion in one year due to smoking-related lost productivity; and

Sample Workplace Wellness Policy and Resolution for Local Governments 3

WHEREAS, tobacco use annually costs employers at least \$5,800 per person who smokes in direct health care expenses, lost productivity due to sick days and smoke breaks, and lower productivity because of nicotine addiction; and

WHEREAS, health care costs for physically inactive communities are approximately \$1,400 higher per inactive adult than the costs for active communities; and

WHEREAS, the state of Oklahoma is already implementing a workplace wellness program for state employees; and

WHEREAS, more than 55 peer-reviewed research studies have shown that tobacco-free policies reduce tobacco use, exposure to secondhand smoke, and tobacco-related illnesses and death; and

WHEREAS, the Centers for Disease Control and Prevention's review of nearly 200 peer-reviewed research studies found that multicomponent worksite obesity prevention programs and tobacco-free policies are cost-effective and improve health within 5 years; and

WHEREAS, employee participation in workplace wellness programs has been found to increase exercise frequency, decrease smoking, and improve weight control, 19 all of which help to reduce the risk of developing chronic diseases, such as hypertension, heart disease, type 2 diabetes, and obesity 4; and

WHEREAS, in Garvin County obesity rates are 27.7% in adults, tobacco use rates are 28.7%, chronic disease rates are increasing, and the costs of preventable illness are;]

NOW THEREFORE BE IT RESOLVED that our municipality adopts the following Workplace Wellness Policy, attached hereto and incorporated herein as Exhibit A, to help improve the health and wellness of its employees by creating a wellness team, committee, or champion.

NOW, THEREFORE, BE IT RESOLVED by the City Council of Lindsay, Oklahoma, sitting in regular session, that this resolution is adopted.

PASSED AND APPROVED by the City Council of Lindsay, Oklahoma, this 28th day of March, 2024.

ATTEST:

Liz Sloat, City Clerk

Tom Inman, Mayor

Section 200: Employment Practices

209-WORKPLACE WELLNESS POLICY

The City of Lindsay cares about the health and well-being of our employees and strives to create an environment that supports and encourages healthy living. We acknowledge that people who are inactive, overweight, or obese have a higher risk for many serious health conditions, including diabetes, heart disease, stroke, certain types of cancer, and premature death. We recognize that we can help improve the health and wellness of all of our employees, and members of the community, by providing and promoting healthy food options, physical activity opportunities, and tobacco free environments.

Therefore, The City of Lindsay commits to creating a workplace environment that is conducive to eating healthy, being physically active, and living tobacco free by doing the following:

- Promoting healthy behaviors and choices through appropriate communication resources, such as pamphlets, brochures, posters, newsletters, webinars, and meetings.
- Expanding wellness programs to be available to family members of employees.
- Conducting ongoing evaluations of wellness policies and programs.
- Hosting, sponsoring, or promoting community health events, such as health fairs, races, and festivals.
- Making cool drinking water available throughout the day at no cost.
- Providing employees with access to a refrigerator, microwave, and sink with a water faucet.
- Encouraging employees to bring healthy foods to special occasions like birthdays and retirement parties, or celebrating with non-food items.
- Providing nutrition education through activities, such as seminars, workshops, classes, meetings, and newsletters.
- Marketing or promoting a farmers' market in the city, or nearby that is open to community members.
- Promoting walking meetings.
- Promoting stairwell use, if applicable, throughout the workday by making stairs appealing, posting motivational signs.
- Using posters, pamphlets and other forms of communication to promote physical activity.
- Providing employees and their families, with access to an offsite fitness by offering more affordable memberships as part of the employee's benefit package.
- Providing safe and secure bicycle parking for employees and community members.
- Providing information about local resources and facilities, such as walking trails, community parks, and recreation facilities.
- Promoting physical activity through activities, such as seminars, workshops, classes, newsletters and meetings.

Exhibit A

- The use of combustible, vapor and all other tobacco products (hereafter referred to as "Tobacco Products") is prohibited at all times on City Property. City property shall include both indoor and outdoor property including parks and recreational areas.
- The use of Tobacco Products is prohibited at any off-site City-sponsored meeting or event.
- Employees are prohibited from using Tobacco Products during the hours of their employment, except off the premises during regularly scheduled breaks, if applicable. This prohibition applies during all hours of employment.
- The use of Tobacco Products is prohibited in City-owned or City-leased vehicles at all times.
- The use of Tobacco Products is prohibited in personal vehicles while such vehicles are on City Property.
- The City will not accept any sponsorship from a tobacco Company and will not allow tobacco advertising or promotion on City property or at any off-site City-sponsored meeting or event.
- Signs informing people of this policy shall be posted, at a minimum, at entrances to all buildings on City Property.
- A copy of this policy shall be included in the City policy manual and Employee training materials. Employees are responsible for familiarizing themselves with this policy. Employee compliance with this policy is mandatory.
- Employees interested in quitting tobacco use will be referred to the Oklahoma Tobacco Helpline and other cessation resources, if available.
- A violation of this policy by any Employee will be handled in accordance with the City's standard disciplinary procedure.
- A violation of this policy by any person other than an Employee shall be handled in the following manner: First, the City will request that the violator stop using the Tobacco Product.
 - o If the violator refuses to stop, the City will request that the person leave City Property or the City-sponsored meeting or event.
 - o If the violator refuses to leave, the city will follow its standard procedure for removing unwanted visitors